Have you scheduled your mammogram?

Choose The Austin Diagnostic Clinic for your screening mammogram.

At The Austin Diagnostic Clinic Women's Imaging Center we know regular screenings and state-of-the-art technology can help women stay ahead of life-threatening illnesses such as breast cancer. By scheduling your screening digital mammogram at ADC you can expect:

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To schedule your screening mammogram or for more information call ADC's Women's Imaging Center at 512/901.4030.

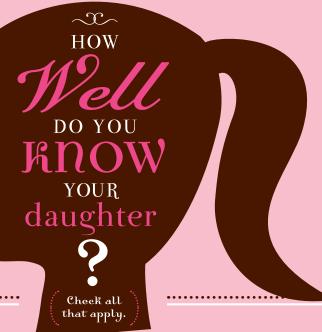


**The Austin Diagnostic Clinic Women's Imaging Center** Digital Mammography and Ultrasound 12221 MoPac Expressway North 512/901.4030 • www.adclinic.com

She is \_\_11 \_\_12 \_\_13 going on 20. She is \_\_wondering if she's normal \_\_worried that she's weird. She is \_\_\_\_\_trying to fit in \_\_\_working to stand out. She is \_\_\_happy \_\_\_angry \_\_\_sad \_\_\_all of the above. She is \_\_\_on Facebook \_\_\_at the mall \_\_OMG LOL \_\_waiting for a ride. She is \_\_boy crazy \_\_sports crazy \_\_fashion crazy \_\_everything crazy. She is \_\_in awe of her body \_\_scared of her body \_\_hating her body. She is \_\_the life of the party \_\_a wallflower \_\_blossoming. She is \_\_looking forward to her first kiss \_\_dreading her first kiss \_\_feeling forced to kiss. She is \_\_too old \_\_not old enough \_\_waiting for a ride. She is \_\_peer pressured \_\_bullied \_\_one of the mean girls. She is \_\_missing school because she's sick \_\_missing because she's one of 160,000 being tormented by her peers. She is \_\_\_\_\_thinking about sex \_\_\_having sex \_\_\_\_not telling. She is \_\_\_\_in control \_\_\_\_in crisis \_\_\_in her room. She is \_\_\_your baby \_\_\_your best friend \_\_\_your spitting image \_\_\_waiting for a ride.

If you checked many contradictory boxes, congratulations. You're the parent of a fairly typical teen girl. Even if you remember a lot about those years, the fact is that it's much tougher and more complex today. That's why GENaustin is holding The Girls Now! Conference. This one-day event is devoted to connecting parents, teachers and girls who have questions with experts who have answers.

Photo does note depict actual ADC pati





Bring your daughter for a day of dynamic and interactive workshops focused on bullying, body image and being a girl. You'll leave with a whole new understanding. One day. One Focus. Because being a girl shouldn't be so hard. Co-hosted by:

Ann Richards School

## GENaustin Menu

# Herstory

An 8th grader named Chelsea was at a slumber party where her girlfriends secretly snapped a photo of her stepping out of the shower. Minutes later, the naked photo had spread, and was even posted on Facebook

Devastated, Chelsea cried for days about what her friends had done and how her schoolmates reacted. She was called – "ugly," "fat," "slut." Her mother looked for a support system at Chelsea's school, and found GENaustin's clubGEN program

Chelsea attended clubGEN and confided in her Club Leaders that she was feeling suicidal. During an emergency counseling session, her mother asked her why she would want to end her life when she had such a loving family. Chelsea pulled out the photo of herself and said, "I am fat and ugly, and now everyone knows it. Please don't make me do this anymore."

Participating in clubGEN, Chelsea began to connect with her new friends. She learned how to handle bullying behavior, how to be more confident about her body, and refocused on her academics. Soon, Chelsea was feeling stronger and reconnected to her community.

Today, Chelsea credits clubGEN with her life.



#### Girls' Bill of Rights

I HAVE A RIGHT TO BE MYSELF

I HAVE A RIGHT TO BE TREATED WITH EQUALITY AND RESPECT

I HAVE A RIGHT TO AN EDUCATION

I HAVE A RIGHT TO FEEL BEAUTIFUL

I HAVE A RIGHT TO DREAM

I HAVE A RIGHT TO SAY NO

I HAVE A RIGHT TO BECOME FINANCIALLY INDEPENDENT

I HAVE A RIGHT TO BE SAFE

I HAVE A RIGHT TO EXPRESS MY OWN **OPINIONS AND MAKE MY OWN CHOICES** 

I HAVE A RIGHT TO TAKE MY FEELINGS SERIOUSLY

I HAVE A RIGHT TO SPEAK UP AND BE HEARD

I HAVE A RIGHT TO BREAK STEREOTYPES

# Explore. Empower. Engage.

clubGEN

clubGEN is a peer-led after-school program for middle school girls in which trained and employed high school girls lead research-based curriculum in order to provide girls with the knowledge and the tools to think critically and to understand the importance of girl alliances. clubGEN decreases growing rates of bullying, pregnancy, eating disorders and juvenile delinguency, and increases academic performance among adolescent girls.

#### Girls Now! Conference & Workshops

Explore the issues of Bullying, Body Image, and Being a Girl through topics such as cyber bullying, self image, dating, diversity, media literacy, parent-daughter relationships and physical health and wellness. The Girls Now! Conference is a statewide one-day event for girls grades 5 - 12, their parents, educators and social workers. The Girls Now! Workshops are a yearround extension of the Conference and are offered to schools and community groups upon requests.

#### campGEN

GENaustin's summer day camp, campGEN, opens the doorway to skill-building, deep friendships, and mentors for teen girls. Facilitated by employed and trained high school girls, campGEN girls engage in fun, interactive workshops during week-long sessions, designed to build girls' critical thinking skills and self-awareness that will help them feel confident as they experience the ups and downs of girlhood.

#### Social Media

Join the GENology conversation by becoming a friend, fan, and follower of GENaustin on MySpace, Facebook and Twitter. Won't you join us? www.genology.wordpress.com

# OUR MISSION

GENaustin's mission is to foster healthy self esteem in girls by engaging them to explore and define their personal values and to build skills that empower them with confidence and courage to make wise choices.

#### **WAYS TO GET INVOLVED**

•

#### Volunteer:

- Administrative Support Career Week Speaker
- Be a Mentor
- Host Workshops
- Host a Party
- Support Staff and Programs
- Board Memberships

#### **Donate:**

Consider making a financial contribution to help GENaustin reach Texas teens through our high impact programs. We believe that strong girls make strong women and your support makes that possible. Thank you for your investment!



# **Girls Now!** Conference

# Girls Now! and Then

GENaustin's Girls Now! Conference was the inspiration of local girl experts and Lolis Garcia-Baab, a mom like so many, just trying to ease her daughter's growing pains.

Story by Nancy Miller Barton

A gaggle, or should we say a giggling gaggle of girls rounded the corner of the halls of The Ann Richards School for Young Women Leaders last fall. They had an air of expectation, as if something had changed. They were young ladies from Pearce Middle School and they were talking about some tough topics – sexting, bullying, cyber bullying, being pushed into having sex, and yes, one girl was indeed pregnant. These girls however were happy; happy because for what felt like the first time, they were being heard, giggles and all.

A larger group of girls, several hundred strong, gathered in The Ann Richards School Gym. They cheered loudly at the inner strength of a young woman standing alone, microphone in hand, as she announced publicly, for the first time, that she was struggling with anorexia. Later, dozens more nodded knowingly when the talk turned to mean girls, including an urge to try to understand just what pushes some to be so tough.

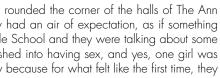
All these girls, the students from Pearce, some from The Ann Richards School, others from middle schools. high schools and even elementary schools across Central Texas were gathered together to take part in the first ever Girls Now! Conference. The goal of the October 2008 Conference was (and is again this November 2009) to "explore bullying, body image and being a girl." The things the girls discussed are just a snapshot of some of the obstacles our daughters, sisters and friends experience growing up – every day - right here at home. Frankly, the important point, however, is in the first paragraph above. These girls were all happy – happy because they were honestly being, and feeling, heard.

The Girls Now! Conference was the idea of co-founder and unstoppable mom Lolis Garcia-Baab. Garcia-Baab saw a need after doing an interview on the radio show she hosted at the time with girl experts from GENaustin, Latinitas, The Ann Richards School, and "Queen of Self Esteem" Jess Weiner. The idea for the show came after her own daughter, then 13-years-old, came home in tears every day after being systematically harassed at school. The one-hour radio show didn't do the topic justice, so Garcia-Baab and her radio show guests rallied folks they knew (and others they didn't) to create the first ever Girls Now! Conference. Women interested in girl empowerment got together to continue the "conversation" with teens and preteens, their moms and mentors. They chatted about self-esteem, body issues and friendship. They did role-play, watched a few videos, hugged and laughed. The gamble paid off, the event was a huge success, and now Garcia-Baab is working full time as conference director for GENaustin. The Conference is now a program of GENaustin. Organizers agreed that this was the best move to ensure the continued growth and success of the event. GENaustin's mission is the empowerment of girls so it's a perfect fit. Together the goal is simple: to grow and expand in order to serve more and more girls and their mentors each year. The first step? This year they are extending the reach statewide

Garcia-Baab's daughter Larissa, who at 13 was bullied to the point of tears, is her mom's inspiration, and today is a junior at Bowie High School. Interestingly, she and the girl who caused much of the anguish are now best friends. Young people with amazing insight. They realized each was reacting, and acting out, during what can be a difficult part of growing up. Larissa Garcia-Baab says it simply and best, "everyone has the same problems ... the bullies have the same problems," as their intended targets. Larissa Garcia-Baab's mom is doing what she can to bring that understanding to all and to help that gaggle of giggling Girls, and others, Now!

City of Austin Commission for Women







#### How to Register

- Register at www.genaustin.org
- Questions? Email us at girlsnow@genaustin.org
- November 14, 2009
- 8:00am to 5:00pm
- The Ann Richards School for Young Women Leaders 2206 Prather Lane, Austin, Texas 78704

Group discounts, family discounts and scholarships are available

> Sponsored by: Meinig Foundation

> > Kim Soechting

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# Authentic Confidence

Alexis Jones, founder of *i am that girl* says "Smart is the New Beautiful." She'll share her message of empowerment during Austin's second annual Girls Now! Conference.

Alexis Jones was on reality TV. She was a survivor on Survivor. Jones got kicked off the island — but that's okay. She accomplished exactly what she'd hoped. She'd become a celebrity.

Having said that, if you stop reading right there you miss the whole point. Her goal to become a TV name, something of a "star" was part of an experiment she'd cooked up with a professor while working to get her Master's degree at the University of Southern California. Her 2008 adventure on Survivor, on the island of Micronesia near Palau, proved a theory she had, and just may prove to be a good thing for her ultimate goal of "empowering women ... change the world."

So, back up. 26-year-old Jones, who today lives in Los Angeles running her website, www. iamthatgirl.com and public speaking business, tells a story of growing up in Austin. She is the "little" sister to four big brothers, and while the kids all went to affluent Westlake schools, their parents were divorced so there wasn't always a lot to go around. What was free-flowing was plenty of love and support from both her mom and dad. Jones says, "The greatest gift you can ever give your child is the confidence to dream big." A telling story about girls and empowerment comes as lones remembers grow-



with a mass of wavy dark hair, a very quick outfit. The message from her mom, Jones says, laugh, a little bit of tomboy and a lot of Texas was, "If you dress like trash you're gonna atcharm. One day while in high school she and tract the flies." Over the years the message was her mother were out for the afternoon "laughing strong, "you are putting yourself out there as a and having a great time," when a less than im- sexual object ... are you ready to have sex?" pressive older man made a snide remark about Jones heard her mother loud and clear, and to

ing up. Jones is a pretty girl, she'll freely admit, Jones' appearance and her trendy, barely-there

# "The greatest gift you can ever give your child is the confidence to dream big."

this day works to achieve balance between putting too much out there and enjoying and displaying her femininity.

As she grew up, Jones did some work in Austin as a teen model, she was an entertainment correspondent in Los Angeles and received her undergraduate degree from the University of Southern California. By this time, Jones realized her dream was to share her message of empowerment with others — so she launched a website and girls empowerment program that she calls "I am that girl." Through her website, sponsored events with the likes of John Paul Deloria (owner of Paul Mitchell), an international leadership program, and simply encouraging girls to redefine what they think of as "beautiful", Jones hopes to show girls that "physical beauty is just a slice of the pie." What makes girls truly "beauty-full," she describes on her website are:, "charisma, creativity, intelligence, independence." Yet, while Jones admits she likes to "dream big," that alone won't make change, so at this point she set about figuring out how to spread her message. Jones asked around. After talking to no fewer than 20 successful businesswomen, she decided to go to was always my message," lones says. graduate school. Their point was clear; "You don't want to be another pretty face with a message without what it takes to execute it."

With all this in mind, lones winds up back at USC, now in graduate school and listening to Professor Christopher Smith discussing entertainment and celebrity and the influence of both on our culture. During one discussion about the lure of reality television, the question, "What is it about fame that is so attractive?" was tossed about, with the realization that celebrities are often influencers — what's in, what's out and, "what to think about."

After that class, Jones headed straight to Professor Smith's office asking, "why can't we exploit fame the same way fame exploits people?" Why not become a celebrity? If fa-

mous folks can convey to young people what to be "the 21st century woman who has brains, call and managed to win over the crew. She get on Survivor to dream big. was chosen to be on *Survivor*. Over the coming weeks Jones played the Survivor game, had fun, made friends, and made herself "somebody." While in the end she lost the contest, "she never lost focus," it was all about 'I am that girl,' Jones says. You see, when Jones was voted off the island as one of the finalists, "I had 67 interviews that day," and each interview her message was the same, one of empowering girls to be confident in who they are. "'i am that girl'

The answer to her social experiment – "why can't we exploit fame the same way fame exploit's people" – is yes. Apparently you can use fame, and with it, she's better able to share her message. Much of her attention is directed at "Generation Y" – girls somewhere between youth and adulthood. Jones' hope is to provide a community for girls and women, "to inspire confidence ... so they in turn can positively ... impact the world." Big goals. Jones works to achieve this through her website, blog, public appearances and staying in the public eye. She's currently working on a book and a program for The Travel Channel.

When Alexis Jones takes the stage in Austin, to speak to hundreds of Austin teens and preteens, her message will be clear, it's okay to

think about, why couldn't lones become famous confidence and independence," yet still have and send her own message about girl empow- "the audacity to wear hot pink high heels to a erment? With that she set about getting herself board meeting," or in the case of teenage girls, on reality TV. As luck would have it, the final sequined Converse sneakers to math class. You casting was underway for Survivor. She literally get the point — it's all about being authentic and snuck in to the studio during that last casting being confident— it doesn't mean you have to



#### For More information: wwww.iamthatgirl.com www.genaustin.org

Alexis Jones – Keynote Speaker GENaustin's 2nd Annual Girls Now! Conference November 14th 8a.m.-5p.m. At the Ann Richards School for Young Woman Leaders

## Resource Guide

#### **Active Life**

Dedicated to establishing an American culture that values physical activity, healthy eating and an environment that promotes and supports healthy lifestyles. For more information click www.activelifemovement.org

#### **AIDS Services of Austin**

Responds to the HIV needs of the Austin area by providing services that enhance the health and well-being of individuals and the community in the face of an evolving epidemic. For more information call (512) 458-2437 or click www.asaustin.org

#### **AISD Guidance & Counseling**

Promotes student success through a focus on academic achievement, prevention and intervention activities, advocacy and social/emotional and career development. For more information call (512) 414-0173 or click www.austinisd.org

#### Alexis Jones, **Keynote Speaker**

Survivor Micronesia Star Alexis Jones is the founder of the empowerment company i am that girl and is a leader in social change, global awareness and female empowerment for Generation Y. She is an expert on confidence, courage and accomplishment and speaks around the world to girls and women teaching them to break the mold and reclaim their worth. For more information click www.iamthatgirl.com

#### **Ally Davidson**

The champion of American Gladiators 2008 Ally Davidson carries a message of diligence and perseverance. After surviving a nearly fatal skiing accident Ally worked hard to recover and used her experience as an inspiration to herself and others. For more information click www.campgladiator.com

#### **Ann Daly**

Ann Daly PhD is a life coach, keynote speaker, and an author that is an expert on women's changing lives. She is passionate about helping women achieve their ambitions, get clear about what they want and how to get it. As a keynote speaker, she inspires her audiences with real-life stories and cutting-edge research. For more information click www.anndaly.com

#### Anti-Defamation League

Fights all forms of bigotry through information, education, legislation and advocacy. For more information call (512) 735-8012 or click www.adl.org

#### **Austin Toros**

Austin's Semi-Pro Basketball Team. For more information click www.nba.com/dleague/austin

#### **Barb Steinberg**

Barb Steinberg has been speaking for over 8 years nationally to schools and communities to enhance the development of young girls' life skills. Her workshops focus on raising awareness and providing solutions for adolescent issues through speaking to the people who influence young people's lives. For more nformation call (512) 750-3928 or click www.barbsteinberg.com

#### **Belinda Acosta**

Belinda Acosta, author of the newly released mother-daughter novel, Damas, Dramas, and Ana Ruiz: A Quinceañera Club Novel (Grand Central Publishing) leads safe and meaningful workshops that allow participants to share, learn, listen, and write. Part journaling exercise, part "snapshot," part oral history, participants learn about the writing process, while creating a small keepsake of their experience For more information call (512) 653-3918 or click www.qclubbooks.blogspot.com

#### **Break the Cycle**

Working to end domestic violence through engaging, educating and empowering youth to build lives and communities free from domestic and dating violence. For more information call (310) 424-2803 or click www.breakthecycle.org

#### **BookWoman**

Your neighborhood feminist bookstore full of books that inspire change! From books on parenting, fiction books, memoirs, and cookbooks - BookWoman has something to inspire everyone! With a new Girls Now! section! For more information call (512) 472-2785 or click www.ebookwoman.com

#### **Boys and Girls Club**

Offers young people recreation, companionship and a safe place to learn and grow. For more information call (512) 444-7199 or click www.bgca.org

#### Con Mi Madre

A college preparatory program that provides Hispanic female students and their mothers with the educational and social support needed to encourage academic and personal success. For more information call (512)-475-6309 or click www.conmimadre.org

#### CARE

A leading humanitarian organization fighting global poverty that place special focus on working with women. For more information call 1-800-521-CARE or click www.care.org vision through the power of performance

#### **Clare Richardson**

An expert in the secret to men's success as a software engineer in the male-dominated field of technology. She has been one of the few women in the classroom, the computer lab, and the conference room for over ten years. Member YWA

#### Dawn Light Yoga

Offers private, couple and group lessons with Melissa Savoie with a focus on a Hatha yoga open to beginners. She also offers regeneration yoga and Rise and Shine Flow in addition to private lessons by appointment. For more information call (512) 529-7487 or click www.dawnlightyoga.com

#### **Delta Sigma Theta Sorority**

A non-profit Greek-lettered sorority of college-educated women who perform public service and place emphasis on the African American community. For more information click www.utdeltas.com

#### **Deirdre Earls - Your** Healina Diet

to reverse her own disabling disease, Deirdre Earls' mission is now to use 25 years of licensed clinical experience to bring others the healing power of food in a way that suits busy lifestyles.For more information call (512) 453-8784 or click www.yourhealingdiet.com

#### **Girl Scouts**

The world's largest organization dedicated to empowering girls to be leaders In partnership with adult volunteers, girls develop leadership skills, strong values, social conscience, and conviction about their own potential and self-worth. For more information call (512) 453-7391 or The Money Academy click www.girlscouts.org

#### **Girls Rock Camp Austin**

Dedicated to empowering girls and women of all backgrounds and abilities through musical education and performance. For more information call (512) 809-7799 or click www.girlsrockcampaustin.org

#### Girlstart

Created to empower and motivate girls to excel in math, science, and technology. For more information call (512) 916-4775 or click www.girlstart.org

#### **Grrl Action**

A program of Rude Mechanicals, is a performance-based artistic education program to help teenage girls find voice and with a focus on engagement with the arts, creative problem solving, social responsibility, self-respect, and tolerance. For more information call (512) 476-7833 or click www.arrlaction.org

#### **IBM Chapter - Women** in Technology

Women in Technology works to provide women in the technology community a networking and professional growth environment to develop relationships and create new opportunities. For more information call (703) 683-4003 or click www.womenintechnology.org

#### **Kickskirt**

The marketing-to-women company that puts as much emphasis on great creative as we do on incisive research. For more information call (512) 327-4095 or click www.kickskirt.com

#### Lifeworks

Provides a comprehensive network of services for youth and families, addressing critical Having used diet instead of chemotherapy needs to achieve lasting, positive change. For more information call (512) 735-2400 or click www.lifeworksaustin.org

#### **MindTamers**

Everyone can learn to be a mindtamer. Our company teaches people how. Learn and apply what you learn on your own, live with other people or virtually. For more information click www.mindtamers.com

#### Miracle Foundation

Dedicated to empowering children to reach their full potential, one orphan at a time. For more information click www.miraclefoundation.org

A unique method of introducing financial concepts in a "kid-friendly" way. For more information click www.themoneyacademy.net

#### Moody Me Workshops By **Elizabeth Decker**

Provide a safe and supportive space for women and girls interested in exploring their moods and feelings through imagery and poetic expression. For more information call (512) 255-7871 or click www.melancholygirls.com

#### **Morning Star Rising**

Helps adolescent girls make a successful transition to young adulthood. For more information call (512) 329-8635 or click www.morningstarrising.org

#### OutYouth

It's mission is to support and provide services to gay, lesbian, bisexual, transgen der, and questioning youth ages 12 - 19 in Austin and Central Texas. For more information click www.outyouth.org

#### **Planned Parenthood**

America's most trusted provider of reproductive health care. Dedicated to offering men, women, and teens high-quality, affordable medical care. For more information click www.plannedparenthood.org

#### Renée Trudeau

Career and work/life coach and president of Austin-based Career Strategists. The purpose of Renée Trudeau & Associates is to empower and inspire women, men and their families to define and create the lives they desire, and to provide them with the resources and support needed to experience greater life balance and enhanced physical, emotional and spiritual well-being. For more information click www.reneetrudeau.com

#### SafePlace - Expect Respect

Provides safety for individuals and families affected by sexual and domestic violence and helps them in their healing so they can move beyond being defined by the crimes committed against them,

# Conference Hosts





Originally called The Ophelia Project, GENaustin was created in 1996 by 12 concerned mothers raising adolescent girls in Austin, Texas, to address an increasing trend among middle school aged girls - a systematic decline and sometimes permanent loss of self-esteem the outcome of which can be devastatina: epidemic levels of anorexia/bulimia, self mutilation, depression, low academic achievement, teen pregnancy, and drug abuse. GENaustin fosters healthy self esteem and provides options at a time when girls begin to feel the burdens rather than the advantages of femininity.



tion call (512) 927-9616 or click

www.safeplace.org

**Sharon Fonke** 

**Pat Kirkland** 

Sharon Fonke is psychotherapist specializing in marriage and family therapy. She has worked for over 25 years in the area of women's issues and healthy development of girls. For more information call (832) 423-3093 or click sfonke@gmail.com

#### Sheyla Morataya-Fleishman

Author, motivator, and life coach specializing on the issues affecting Hispanic Women and their families. Sheyla is a testament to the success of the common person and has risen from disadvantaged circumstances and through the power of education managed to become an expert in self-esteem and family affairs. Her message is one of commitment to developing opportunities that shape an individual's success, personally, professionally, and in the family. For more information click www.sheylaonline.com

Skills 2 Success –

Dedicated to offering practical, powerful communication programs that teach people how to transform their relationships by changing how they communicate. For more information click www.skillstosuccess.com

#### Sol 2 Soul – Evelina Solis

An academic/career coaching and inspirational speaking resource that offers a variety of educational workshops,

and become Survivors. For more informa- trainings, programs, and consultations to students, teachers, parents, coaches, leaders, corporate executives, non-profits, communities and churches. For more information call (830) 237-3307 or click www.mysol2soul.com

#### Sun Dragon

Supports the physical and spiritual empowerment of all through training in conflict resolution, self defense, and non-violent martial arts. For more information call (512) 416-9735 or click www.sundragon.org

#### **Tao Texas**

A community-focused martial arts school whose mission is to give everyone the opportunity to gain mental, physical, and spiritual strength, and as a result, make the world a better place. For more information call (512) 779-5499 or click www.taotexas.com

#### **Theatre Action Project**

A team of professionally trained artists and educators that work with young people to learn critical life skills, agin tools for creative expression and have successful experiences that build self-esteem and confidence. For more information call (512) 442-8773 or click www.theatreactionproject.org

#### **Texas Education Agency**

TEA provides leadership, guidance, and resources to help schools meet the educational needs of all students. For more information call (512) 463-9734 or click www.tea.state.tx.us

#### **Texas Wall Street Women**

TXWSW is an exclusive peer network comprised of professional women in the investment management business. For more information click www.txwsw.com

#### Travis County Attorney's **Underage Drinking Prevention Program**

Identifies the link between undergae drinking with more highly visible social issues in addition to drinking and driving. For more information call (512) 854-4229 or click www.co.travis.tx.us/county\_attorney/Underage\_Drinking\_Pgm/default.asp

#### YogaRx

A new kind of yoga experience with the programs specifically tailored to vou, your body, mind and health. For more information call (512) 554-3988 or click www.yoga-rx.com

#### YouthLaunch

A youth service program that helps young people gain new knowledge and skills, improve their self-esteem and efficacy, and develop a strong sense of social responsibility. For more information call (512) 342-0424 or click www.youthlaunch.org

#### Young Women's Alliance

A professional organization of women facilitating opportunities to lead, educate, network and serve. For more information call (512) 825-0275 or click www.youngwomensalliance.org

The Ann Richards School is a unique all-girls public school founded to educate young women and give them the confidence and skills necessary to succeed in college, in their careers, and in their commun ties. Our vision is to focus on the whole girl, providing academic and enrichment opportunities that will engage our students, expand their horizons, and give them the tools to achieve their dreams. For more information call (512)414-3236 or click www.annrichardsschool.org

Latinitas



Latinitas is focused on informing, entertaining, and inspiring young Latinas to grow into healthy, confident, and successful adults through media and technology. Latinitas is the first digital magazine made by and for young Latinas. Unique from most teen magazines, Latinitas generates content from the girls themselves through its Latinitas' outreach programs.

For more information call (512) 322-9947 or click www.latinitasmagazine.org





campGEN is being offered for the first time in the summer of 2010 in Austin, TX!





clubGEN

Explore.

**Empower.** 

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lamers



**Girls Now!** Conference is a

to register or to find out more information visit us at

www.GENaustin.org

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### OCTOBER 15, 2009 | 6-9pm AMOA-Laguna Gloria

Experience the culinary decadence of a night in "the sweet life" at the 20th Anniversary of AMOA's La Dolce Vita Food & Wine Festival. The event will be inspired by Fellini's La Dolce Vita. Savor bites from more than 50 of Austin's most prestigious chefs. Sip the finest wines from Twin Liquors and Texas wineries. Celebrate with live music and a visit to the Scotch & Cigar Lounge.

#### INFO www.amoa.org/LaDolceVita or call 512.495.9224, ext. 223

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